

IN-ROOM DINING



Our menus indicate approximate value of calories for menu items, indicated by the approx. sign (-).
An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

While ordering please inform our associate in case you are allergic to any of the following ingredients:
Cereals containing gluten-i.e. wheat, rye barley, oats, spelt or their hybridized strains and products of these Crustacean and their products | Milk & milk products | Peanuts, tree nuts products | Soybeans and their products | Sulphite in concentrations of 10mg/kg, or more our chef would be delighted to design your meal without them. Vegetable Oil Butter | Desi ghee used in preparations

THE  FERN

Sardar Sarovar Resort

EKTA NAGAR (KEVADIA)
GUJARAT

A leading environmentally sensitive hotel

BREAKFAST

(Served from 7:30 am - 10:30 am)



- BREAKFAST CEREALS**

Cornflakes or wheat flakes or chocos or porridge or muesli served with hot or cold milk

calorie (per 230g)268

A

344
- DOSA OR RAWA DOSA - Masala or Plain**

(Thin Indian rice pancake made on griddle served with sambar and chutney)

calorie (per 250g)383

A

344
- STEAMED IDLI**

Served with sambar and chutney (low cholesterol)

calorie (per 250g)480

A

344
- VADA**

Crisp fried lentil dumplings served with sambar and chutney

calorie (per 250g)567

A

344
- UTTAPAM**

Plain/Masala

calorie (per 350g)383

A

344
- KANDA POHA**

Maharashtrian delicacy of pearl rice served with lemon wedge and sev

calorie (per 250g)385

A

344

Vegetarian

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THE BEGINNING

(Served from 12:30PM - 3:00PM & 7:30PM - 10:30PM)

HOT AND REFRESHING

- CLASSICAL TOMATO SOUP

Served with herbed tossed crouton's
calorie (per 200g)115

316

■

CHOICE OF ORIENTAL SOUP

Manchow/Hot and sour/ Sweet corn/Lemon coriander
calorie (per 200g)90

316

■

TOM YUM SOUP

Traditional thai hot n sour clear soup
calorie (per 200g)225

316

■

PALAK PUDINA SHORBA

Regional spinach broth seasoned with indian spices and hint of a mint
calorie (per 200g)225

316

SALAD

■

GARDEN GREEN SALAD

The day's fresh green
calorie (per 100g)31

224

■

WALDORF SALAD

Rich combination of apple, walnut and celery dressed in mayonnaise
calorie (per 100g)275

259

■

KIMCHI SALAD

A traditional korean delight
calorie (per 100g)180

259

■

ALOO PAPDI CHAAT

All-time favourite
calorie (per 100g)242

259

■

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APPETIZERS

(Served from 12:30 pm - 03:00 pm & 07:30 pm - 10:30 pm)

- SUBZ SHAMI KEBAB

calorie (per 220g)445

A

VEG

459

■

HARA BHARA KEBAB

Delicate melt-in-the mouth kebab, fashioned with spinach, green peas & cottage cheese

calorie (per 250g)556

A

VEG

PEANUTS

459

■

DAHI KE KEBAB

An exquisite kebab of yoghurt cheese, blended with cardamom and coriander

calorie (per 250g)565

A

VEG

GLUTEN

459

■

PANEER TIKKA

Marinated cottage cheese slow cooked in clay oven

calorie (per 250g)459

A

VEG

PEANUTS

459

■

PAN-FRIED CHILLI COTTAGE CHEESE

Sweet and spicy cottage cheese

calorie (per 250g)444

A

VEG

GLUTEN

459

MAIN COURSE

(Served from 12:30 pm - 03:00 pm & 07:30 pm - 10:30 pm)

WESTERN FAIR

■

TIEN OF POTATO ROSTI AND RATATOUILLE

Baked mozzarella and walnuts

calorie (per 250g)325

A

VEG

PEANUTS

489

■

LEGUME AU GRATIN

Steamed vegetable in mornay sauce topped with cheese and baked until golden brown

calorie (per 250g)250

A

VEG

GLUTEN

489

■

MAKE YOUR OWN PASTA

Spaghetti or penne or fettuccine or ravioli in alfredo or béchamel sauce with cheese

calorie (per 250g)250/233

A

VEG

GLUTEN

489

■

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SOUTH EAST ASIAN FAIR

- KAENG KHEOW WAAN CHE

Vegetable in thai green curry served with steamed rice

calorie (per 250g)390

A

ALLERGENS

VEG

VEGETARIAN

SOY

SOY BEANS

516

■

VEGETABLE MANCHURIAN

Dumpling of finely chopped vegetables in corn soya flavoured curry

calorie (per 250g)343

A

ALLERGENS

VEG

VEGETARIAN

SOY

SOY BEANS

516

■

HAKKA NOODLES

Noodles wrapped in chinese herbs & sauce mixed with shredded vegetable

calorie (per 300g)630

A

ALLERGENS

VEG

VEGETARIAN

SOY

SOY BEANS

516

■

CHINESE STIR FRIED RICE

Rice in a combination with green vegetables, chinese herbs & sauce

calorie (per 300g)462

A

ALLERGENS

VEG

VEGETARIAN

SOY

SOY BEANS

574

ETHNIC FAIR

■

PANEER TIKKA MAKHAN MASALA

Char grilled cottage cheese in fenugreek flavoured with tomato gravy

calorie (per 280g)355

A

ALLERGENS

VEG

VEGETARIAN

SOY

SOY BEANS

574

■

PANEER KADHAI

Baton of cottage cheese, capsicum, tomato and onion cooked with kadhai masala

calorie (per 280g)248

A

ALLERGENS

VEG

VEGETARIAN

SOY

SOY BEANS

574

■

KASOORI HANDI

A combination of fresh garden vegetables cooked in spinach and green masala

calorie (per 300g)475

A

ALLERGENS

VEG

VEGETARIAN

SOY

SOY BEANS

574

■

AAP KI PASAND - ALOO

A choice of potato preparation - Aloo hing jeera, Aloo dum kashmiri, Aloo tilwale or Aloo dum chutney wala

calorie (per 300g)380/327

A

ALLERGENS

VEG

VEGETARIAN

SOY

SOY BEANS

516

■

AAP KI PASAND BHINDI

A choice of lady finger preparation - Achari, Do pyaza or masala

calorie (per 200g)80

A

ALLERGENS

VEG

VEGETARIAN

SOY

SOY BEANS

516

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DAL ZARWANI

House Specialty (Chef's Signature Dish)

calorie (per 300g)582

A

546

DAL TADKA

Yellow lentil tempered with cumin

calorie (per 250g)331

A

489

REGIONAL GUJARATI

GUJARATI KADHI

A lovely curry with sweet undertones

calorie (per 300g)225

A

454

UNDHIYU

Traditional and famous mélange of brinjal, surti papadi, coconut and few more gujarati spices

calorie (per 250g)38

A

574

BHINDI SAMBARIYA

Bhindi cooked with gujarati spices and coconut

calorie (per 200g)90

A

574

RAJASTHANI

DAL PANCHMEL

5 types of lentil tempered with chef's secret spices

calorie (per 250g)486

A

516

GUTTA CURRY

Traditional and famous recipe from Rajasthani region

calorie (per 250g)389

516

VEG JAIPURI

Spicy mix vegetable garnished with papad

calorie (per 250g)356

A

516

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A

ALLERGENS

GLUTEN

MSG

PLANTITY TREE ROOTS

SOYA

SULPHITES

RICE

- SUBZ BIRYANI

516

Basmati Rice layered with assorted vegetables, saffron, fresh herbs, spices and served with burani raita

calorie (per 350g)687

A

ALLERGENS

MEAT

GLUTEN
- BASMATI PULAO

546

Basmati rice cooked with cumin and choice of peas, mixed vegetable or dry fruits, served with boondi raita

calorie (per 350g)563

A

ALLERGENS

MEAT

PEANUTS / TREE NUTS
- SAFED CHAWAL

454

Fluffy steamed rice

calorie (per 350m)869

A

ALLERGENS
- DAL KHICHDI

454

calorie (per 350g)749

VEGETARIAN

INDIAN BREADS

- PARATHA

144

Laccha or pudina - layered whole wheat bread

calorie (per 75g)264

A

ALLERGENS

MEAT

GLUTEN
- ROTI / NAAN

125

Plain, butter or chilli garlic

calorie (per 36g)77/81

A

ALLERGENS

MEAT

GLUTEN
- PHULKA

144

calorie (per 36g)77

A

ALLERGENS

MEAT

GLUTEN

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A

ALLERGENS

GLUTEN

MEAT

PEANUTS / TREE NUTS

SOYA

SULPHITES

ACCOMPANIMENTS

- PAPAD

Crispy lentil wafers - roasted or fried

calorie (per 20g)65/84

A



144
- MASALA PAPAD

Lentil wafers roasted or fried topped with onion, tomato and fresh coriander

calorie (per 30g)120

A



167
- PLAIN CURD (Amul)

Yogurt - indispensable in vegetarian cuisine

calorie (per 18g)120/180

A



167
- RAITA

Cooling yogurt salad - choice of cucumber, pineapple, vegetable or boondi

calorie (per 180g)122/241

A



281

SWEET TOOTH

- KESARI RAS MALAI

Cottage cheese dumpling with saffron infused condensed milk

calorie (per 100g)385

A



344
- PISTA GULAB JAMUN

Reduced milk dumplings deep fried in a rose scented sugar syrup

calorie (per 100g)420

A



344
- CHOICE OF ICE CREAM

Our server will be glad to assist

calorie (per 100g)214

A



259

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A













259

259

259

374

CHEF'S RECOMMENDATIONS FOR OUR YOUNG GUEST

- LITTLE PUZZLE** 401
 Spaghetti pasta served with tomato sauce and cheese
 calorie (per 150g) 220   

CHOICE OF PIZZA'S

PAN OR THIN CRUST 459
 Margarita or four seasons or veg. delight
 calorie (per 148g) 407   

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BEVERAGES

	CHOCOLATE PEANUT PUNCH	 	249
	CINNAMON SPICE ORANGE	 	249
	THE FERN MOJITO	 	199
	CHOICE OF ICE TEA Peach / Lemon	 	199
	JAL JEERA PUDINA SIP All-time favourite appetizer	 	144
	FRESH LIME SODA/ WATER Sweet or salty squeezes lemon served with soda or water	 	167
	MILK SHAKE Make your own - Mango, Vanilla, Strawberry, Chocolate or Butter Scotch	 	229
	SWEET OR SALTED LASSI	 	259
	COLD COFFEE WITH ICE CREAM	 	286
	SOFT DRINK	 	144
	ALKALINE WHITE WATER	 	150
	ALKALINE BALCK WATER	 	200
	TEA English breakfast / Earl Grey / Green / Assam / Plain / Masala	 	144
	COFFEE Cappuccino / Espresso / Café Late / Filter	 	144

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